About the Author
Chris Docker, M.Phil., is an established and award-winning author in Law and Ethics in Medicine, producing key works for the professions, academics and the public from topics that include living wills, death & dying, to human transplants. For over 20 years he has been one of the world’s leading researchers into the reality of ‘self-deliverance’ – the methods to accomplish one’s own easy, peaceful and dignified death – when all other measures to relieve suffering and indignity have been tried. He is Director of Exit and has led Exit’s interactive workshops run for many years across the UK. The Five Last Acts series of books is his third work on self-deliverance. Short bibliography: • Collected Living Wills, 1992. • Departing Drugs (principal author) 1993. • Beyond Final Exit (co-author) 1995. • Advance Directive / Living Wills, in: Contemporary Issues in Law, Medicine and Ethics 1996. • The Way Forward, in: Death, Dying and the Law 1996. • Living Wills, in: Finance and Law for the Older Client (Society of Trust and Estate Practitioners, 2003). • Ethical and Legal Dilemmas with Organ Transplants, in: Health Services Law and Practice 2001. • End of Life, in: Health Services Law and Practice 2001. • Five Last Acts 2007 (2nd edition, 2010. 3rd edition, 2013). • Various items appearing in the British Medical Journal.

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