

About the Author

Chris Docker, M.Phil., is an established and award-winning author in Law and Ethics in Medicine, producing key works for the professions, academics and the public from topics that include living wills, death & dying, to human transplants. For over 20 years he has been one of the world's leading researchers into the reality of 'self-deliverance' the methods to accomplish one's own easy, peaceful and dignified death when all other measures to relieve suffering and indignity have been tried. He is Director of Exit and has led Exit's interactive workshops run for many years across the UK. The Five Last Acts series series of books is his third work on self-deliverance. Short bibliography: • Collected Living Wills, 1992. • Departing Drugs (principal author) 1993 • Beyond Final Exit (co-author) 1995 • Advance Directive / Living Wills, in: Contemporary Issues in Law, Medicine and Ethics 1996 • The Way Forward, in: Death, Dying and the Law 1996 • Living Wills, in: Finance and Law for the Older Client (Society of Trust and Estate Practitioners, 2003) • Ethical and Legal Dilemmas with Organ Transplants, in: Health Services Law and Practice 2001. • End of Life, in: Health Services Law and Practice 2001. • Five Last Acts 2007 (2nd edition, 2010. 3rd edition, 2013.) • Various items appearing in the British Medical Journal.



EASY TO ORDER

Five Last Acts - The Exit Path can not only be ordered very simply from Amazon but you can probably even use their 'deliver for pick-up' facility if you need added privacy about what arrives on your doorstep. Many bookshops can also order it for you - simply give them the following details:

FIVE LAST ACTS - THE EXIT PATH

Author: Chris Docker

ISBN: 978-1482594096

Published by: Createspace 2013



Initial reviews on Amazon:

"A much needed book on the subject"

"I have read many publications on the subject but never one with this much information. It's literally as thick as 4 standard books."

"This book brought me a lot of comfort, knowing I have the knowledge and support by my side for the unpredictability of the future."

"practical, detailed and realistic"

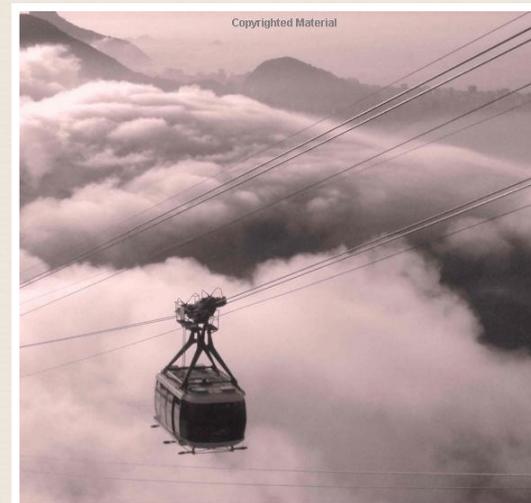
EXIT is at

17 HART ST, EDINBURGH, SCOTLAND U.K.

exit@euthanasia.cc <http://www.euthanasia.cc>

<http://exiteuthanasia.wordpress.com>

A COMPLETE REFERENCE



Five Last Acts - The Exit Path

The arts and science of rational suicide in
the face of unbearable, unrelievable suffering

§ OVER 750 PAGES

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with supporting evidence

§ 100 RELEVANT ILLUSTRATIONS

§ 7 TABLES

§ "IN A NUTSHELL" EXPLANATIONS

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FIVE LAST ACTS - THE EXIT PATH

The Exit Path is the larger edition of the acclaimed Five Last Acts II. Released in 2013, it goes further than any book on self-deliverance before . . .

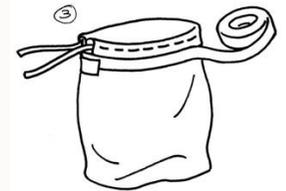


MEDICAL & LEGAL EXPERTISE IN ONE VOLUME . . .

The Exit Path guides you through the whole process . . . talking to your nearest and dearest, legal pitfalls, emotional hurdles, what to say to your doctor (if anything), how to leave things in good order after you're gone, the difference between medical opinion and medical fact, how to make the best of options such as palliative care or Dignitas, and how others might be affected.



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We take your through the main methods and dispose of myths and worries . . . helium, plastic bags, drugs, compression, starvation-dehydration options, as well as less-known methods that require extra care and methods to avoid. We compare approaches taken by other experts and evaluate them. We answer common questions on drugs from abroad or the Internet.



special aids for specific methods



actual photographs to guide you through

DIGNIFIED DEATH IS MORE THAN JUST A RECIPE

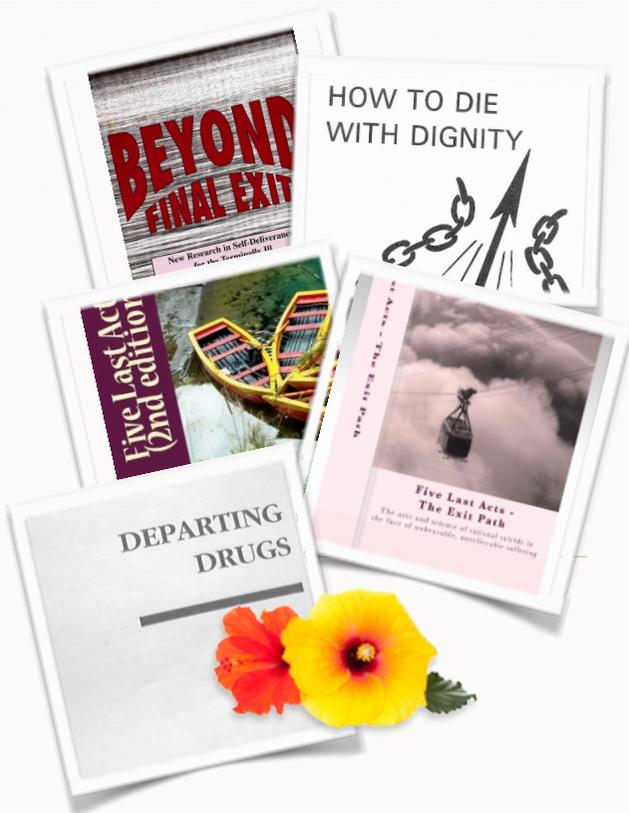
We realise that even when you become expert in any situation, whether at home or even in hospital (we show you how), there are still other parts of the picture. We talk about how to face the final moment and achieve peace of mind. We take you behind the scenes of Exit full-day workshops to explain the psychology that you too can master. We make sure you won't go wrong.



where to find the equipment



how to cope with the unexpected



Self-deliverance books from Exit*, from the first book in 1980 to the new leader in 2013

"Knowledge you can trust"



*note: we are **not** connected to 'Exit International'